

“We The People of the United States of America,  
in order to preserve a more perfect Union, establish Justice,  
insure Domestic Tranquility, provide for the common defense,  
promote the general Welfare, and secure the Blessings of Liberty  
to ourselves and our Posterity, do ordain and establish  
this Constitution for the United States of America.”

*“Then I proclaimed a fast there, at the river of Ahava,  
that we might afflict ourselves before our God,  
to seek of him a right way for us, and for our little ones,  
and for all our substance.” Ezra 8:1*

Dear Servants of the Lord:

The Lord has placed in my heart to ask all people to Pray and Fast for the Unity of our Nation and to preserve the God given rights we are assured through the U.S. Constitution.

We invite you to participate in a special call to Pray and Fast on the 1<sup>st</sup> and 15<sup>th</sup> days of each month for the redemption of our Nation and Christians everywhere for Revival according to 2 Chron 7:14 for our Nation, People and the State of Israel.

*If My people who are called by My name will humble themselves, and pray  
and seek My face, and turn from their wicked ways, then I will hear from  
heaven, and will forgive their sin and heal their land. 2 Chron 7:14*

This is in no way to supersede the regularly observed fasts of any faith.

The Fast and Prayer Day will be observed as follows:

- From sunset on the last day of each month to sunset on the 1st.
- From sunset on the 14th day to sunset on the 15th day of the month.

Please remember to always check with your physician prior to beginning a food fast if you have any medical conditions or concerns.

*For we wrestle not against flesh and blood, but against principalities, against powers,  
against the rulers of the darkness of this world, against spiritual wickedness in high  
places. EPH 6:12*

For follow up information please contact Emil J. Milano at God & Country USA.

Your Servant,

Emil J Milano

Founder

[www.GodCountryUSA.ning.com](http://www.GodCountryUSA.ning.com)